

# BARHITTE ELEMENTARY

## BREAKFAST AND LUNCH FREE TO ALL STUDENTS



Child Nutrition  
Department  
Jean Kish, Director  
810-591-9536

Manager  
810-591-9683  
Candy Rowe

Adult Lunch \$5.50

Adult Breakfast \$3.00

MILK .50

### Lunch Menu \*

August 2023 - December 2023

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Popcorn Chicken w/roll Pizza  Oven Baked Fries Applesauce	Taco w/ Meat & Cheese Chicken Nuggets w/Roll Refried Beans Pineapple	Mac & Cheese w/roll Cheeseburger on Bun  Peas Banana	Cheese Omelet w/Sausage & Bagel Chicken Patty on Bun Hash brown Hot Apples	Cheese Pizza Bosco Sticks w/Sauce  Broccoli Pears
2	Bulldog Bowl Hot Dog on Bun  Mashed Potatoes w/ Gravy Strawberries	Nacho's w/ Meat & Cheese Pretzel w/Cheese  Refried Beans Grapes	Crispito Ravioli w/Garlic Bread  Green Beans Peaches	Pancakes w/Sausage Corn dog  Hash browns Cantaloupe	Pepperoni Pizza Bosco Sticks w/Sauce  Carrots Mixed Fruit
3	Asian Chicken Chicken Drumstick Rice  Mixed Veggies Pears	Chicken Tenders w/Roll Taco in a Bag  Refried Beans Mandarin Oranges	Breakfast Burrito Grilled Cheese  Waffle Fries Applesauce	Boneless Wings w/Pretzel Loaded Fries  Fries Strawberries	Bosco's w/sauce Pizza  Corn Banana

### BREAKFAST MENU \*\*

Served at 8:15am to 9:00am - Everyday - At all entrances to School

1	Benefit Bar Or Graham Cracker w/Yogurt Fruit	W/G Donut  Fruit	Bagel full Or Graham Cracker w/Yogurt Fruit	Muffin  Fruit	Sweet Bread  Fruit
2	Benefit Bar Or Graham Cracker w/Yogurt Fruit	W/G Donut  Fruit	Bagel full Or Graham Cracker w/Yogurt Fruit	Muffin  Fruit	Sweet Bread  Fruit
3	Benefit Bar Or Graham Cracker w/Yogurt Fruit	W/G Donut  Fruit	Bagel full Or Graham Cracker w/Yogurt Fruit	Muffin  Fruit	Sweet Bread  Fruit

### Other Daily Selections:

Variety of: Salads, Yogurt Parfait, Lunchables, PBJ, Sandwiches, Subs & Wraps

\*Lunch includes: Entrée (protein & whole grain), Vegetables & Fruits (salad bar daily) and \* Milk (1% white and skim flavored)

\* \*Breakfast includes: Whole Grains and/or protein, Fruits and \*Milk (1% white and skim flavored)

Students must take at least ½ cup of fruit and/or vegetable with Breakfast and Lunch

Aug./Sept. 2023						
S	M	T	W	T	F	S
	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Week 1 Meal Plan    Week 2 Meal Plan    Week 3 Meal Plan

MENU SUBJECT TO CHANGE